

INFANT MASSAGE

Deanna Meyer,
Parents as Teacher's
Certified Educator of
Infant Massage offers
session to parents in the
PAT Children's
Center in St. Marys.



Infant Massage offers a simple and relaxing way to enhance the health of infants and parents. It also provides a special time to strengthen these new relationships.

Infant Massage classes share how massage benefits children-easing discomfort, releasing tension, helping premature infants gain weight, and helping asthmatic children improve breathing function.



If are interested or know a family interested in Infant Massage, contact **Deanna Meyer**, Parents as Teachers Educator with Children's Prevention Services at **834.2602**.



"Touch is a baby's first language, so using massage is an effective tool to communicate love and caring to your newborn."

